

TRAINING LEVEL DRESSAGE TESTS

USEF 2006 TRAINING TEST A

1. Bridle: A plain snaffle bridle with regular cavesson, drop noseband, flash noseband, or crossed noseband, made entirely of leather or leather like material. 2. Arena: 20m x 40m (Small) 3. Ride Time: Approx. 3.50 mins.

TEST	DIRECTIVES	POINTS
1.	A enter working trot. C track left working trot.	The regularity rhythm and straightness. The bend and balance in the turn. 10
2.	E circle left 15m working trot. E straight ahead. E K A F working trot.	The regularity and rhythm. The accuracy balance and uniformity of bend on Circle. The straightness afterwards. 10
3.	F X H change reins. Progressively lengthen the strides. H working trot.	Regularity and rhythm. The lengthening of the strides and balance. The transitions. 10
4.	C working canter right lead. C M B straight ahead.	The ease and balance of the transition. 10
5.	B circle right 20m working canter right lead. B F A K working canter.	The regularity. The accuracy and uniformity of bend on the circle. 10
6.	K X M change reins. A I X working trot.	The regularity. The ease and balance in the transition. The straightness. 10
7.	M working canter left lead. M C H E working canter left lead.	The ease and balance in the transition. The straightness. 10
8.	E circle left 20m diameter working canter. E K straight ahead.	The regularity. The accuracy and uniformity of bend on the circle. The Straightness. 10
9.	K working trot. K A F B working trot.	The ease and balance in the transition. The regularity and straightness. 10
10.	B circle 20m diameter rising trot allowing horse to stretch forward and down maintaining light contact. Before B gradually take up reins. B M C working trot.	The regularity and rhythm. The gradual stretching of the neck forward and downward. The changes of frame. 10
11.	C medium walk. C H medium walk.	The ease and balance of the transition. 10
12.	H X F free walk.	The regularity and relaxation in the free walk. The stretching downwards of the neck. 10
13.	F medium walk.	The ease and balance of the transition. 10
14.	A working trot. E circle right 15m working trot. E H C M B straight ahead.	The ease and balance of the transition. The regularity, accuracy and uniformity of bend on the circle. 10
15.	B turn right. X turn right.	The regularity and balance in the turns. 10
16.	G Halt. Salute.	The transition, balance and immobility. 10

COLLECTIVE MARKS:

Gaits	Freedom and regularity.	10
Impulsion	Desire to move forward, elasticity of the steps, suppleness of the back and engagement of the hind quarters.	10
Submission	Acceptance of the bridle, attention and confidence, harmony, lightness of the forehand, ease of movements.	10
Rider	Position and seat, correctness and effect of the aids.	10

Total possible points: 200

Leave arena at walk at A.
All trot work may be performed rising or sitting unless stated otherwise.

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